



Safe at Play Guidelines

- Any individual who is or feels sick must stay home.
- Participants must regularly apply hand sanitizer (upon arrival to the field, during water breaks, and immediately after a practice/scrimmage).
- Participants must wear cloth covering over face and nose while on the sideline or not actively practicing/scrimmaging. NO SPITTING!
- Personal items (e.g., water bottles, phones, bags, soccer balls) are not to be shared between participants who are not from the same household.
- Participants must minimize contact with other individuals doing the same (e.g., no handshakes, high-fives, hugging).
- Spectators must stand/sit at least six (6) feet apart from other individuals who are not part of their household.
- Any post-session snacks must be individually packaged items and handed out to players by the coach.
- NO LOITERING in the parking lot and spectator areas before and after a practice/scrimmage.

Clinic and County PRACTICES

✓ **Players**

- Wear a cloth covering over mouth and nose and do not remove until and unless at designated practice field.
- Apply hand sanitizer before and after practice and during water breaks.
- Limit touching of players and soccer ball(s) with hands.
- To the extent possible, use own soccer ball for the duration of practice.

✓ **Coaches**

- Ask each player upon arrival if they have a fever, are sick, or have any symptoms of COVID-19. Send player home if positive response.
- Wear a cloth covering over mouth and nose for the duration of practice if it would not negatively affect health or create discomfort.
- If cloth covering is off, stand at least six (6) feet away from any player or other participant.
- Conduct practices in a manner that limits time of close contact (<6ft) among players.

✓ **Parents/Guardians**

- Check participant for sickness and temperature (>100.4 must stay home).
- Stay in vehicle for the duration of practice; wear a cloth covering when dropping/picking up player(s) from field.
- Parents/guardians of U4-U8 may remain on field; cloth covering must be worn at all times.

Clinic SCRIMMAGES

✓ **Players**

- Wear a cloth covering over mouth and nose at all times except when actively warming up or on the field scrimmaging.
- Apply hand sanitizer before and after scrimmage.
- Limit touching of players and game ball with hands (throw-ins allowed).

✓ **Coaches**

- Ask each player upon arrival if they have a fever, are sick, or have any symptoms of COVID-19. Send player home if positive response.
- Wear a cloth covering over mouth and nose at all times except when acting as referee.
- If cloth covering is off, stand at least six (6) feet away from any player or other participant.

✓ **Parents/Guardians/Spectators**

- Check participant for sickness and temperature (>100.4 must stay home).
- Watch the game from designated spectator area(s).
- Wear a cloth covering over mouth and nose at all times.

County GAMES

Annapolis Soccer Club will abide by game protocol issued by AAYSA, Anne Arundel County, and individual facility. Each coach will be responsible for communicating any such protocol to players at least 24 hours prior to a scheduled game.